



COVID-19 Family Bucket List!

90 fun activities you can do with almost any age, number of kids, in an apartment or house!

Courtesy of MamaStrong Coaching!

1. Make COVID-19 t-shirts!
2. Art Time!
3. Ice cube archeology! (freeze small toys in ice tray)
4. Backyard game days
5. Fishing
6. Bubble day!
7. Make lemonade
8. Water fight with water machine guns!
9. Shaving cream fight!
10. Treasure hunt
11. Piñata!
12. Reading party
13. Hike/nature walk
14. Make ice cream
15. Sidewalk chalk!
16. Backyard Badminton
17. Movie Night with concessions and all!
18. Pajama Breakfast Picnic
19. Fireworks
20. Obstacle course
21. Game night
22. Catch Fireflies!
23. Fly kites
24. Ride bikes
25. Frisbee
26. Feed birds
27. Watercolor outside!
28. Pillow fort!!
29. 3 legged race
30. Sprinklers!
31. Visit family (from afar)
32. Breakfast for dinner
33. Cookies with Zoom friends!
34. Sleep in a tent
35. Twister
36. Build with tools
37. Jump Rope Contest!
38. Card games!
39. Dress up and take pics!
40. Service project
41. Mom's room sleep over!
42. Treat Tuesdays!
43. Car or bike wash, where we get wet!
44. Waffle Bar!
45. Talent Show!
46. Make a book nook
47. Date day!
48. Star Gaze!
49. Learn about another culture
50. Dance in the Rain
51. Melt crayons outside!
52. Dig in the dirt!
53. Listen to classical music while painting
54. Poetry Day! Learn about different kinds of poetry, then write some!
55. Play Ghost in the Graveyard!
56. Wash and detail pets!
57. Play in the creek
58. Watch Alice in Wonderland and then have an Unbirthday Party!
59. Nature walk and then write a creative piece from it (me, too!)
60. Go camping (in the living room, backyard, wherever!)
61. Movie Marathon!
62. Scavenger Hunt!
63. Hide & Seek
64. Baking Day!
65. Water Play (outside or in tub!)
66. Color Hunt!
67. Make a Couch Fort with the cushions!
68. Outdoor Toy Wash (dolls, cars, you name it!)
69. Go through photo albums or pics on computer
70. Paint! Canvas, pet rocks, sidewalks, get creative!
71. Indoor bowling with empty water bottles & ball
72. Write letters to loved one!
73. Legos! Pour them out in a pile and go to town!
74. Make a Corona Time Capsule
75. Make paper airplanes
76. Make a Gratitude Jar (and put something in each day)
77. Read comics!
78. Put on a Fashion Show!
79. Play cards or dominoes
80. Indoor hopscotch!
81. Spa Time!
82. Stack Solo cups
83. Play Charades!
84. Make collages from old magazines
85. Play dress up in old Halloween costumes
86. Learn the latest dances on YouTube
87. Indoor Obstacle course with cushions & furniture!
88. Do yoga together!
89. Create with moldable stuff (playdough, salt dough, Crayola clays)
90. Send an Amazon care package to a loved one!